

SPECIAL ACTIVITIES

Social Engagement within the Center and throughout the community

- Monthly Birthdays
- Theme Parties & Seasonal Events
 - February - Black History Month & Valentine's Day
 - March: St. Patrick's Day & Woman's Heritage Month
 - April: Easter Treats
 - May: Cinco de Mayo & Mother's Day
 - June: Father's Day
 - July: Independence Day
 - September: Hispanic Heritage Celebration
 - October: Trick or Treat
 - November: Thanksgiving / Friendsgiving
 - December: Holiday Party
- Trips to casinos, museums, local concerts, holiday events, and more!
- Makeover Day for both women and men "Salon & Barbershop Trip"
- Various guest speakers year round

ADDITIONAL SERVICES FOR PATERSON SENIORS

- Farmers Market Voucher to 1000 Seniors once a year beginning June 1st until we run out
- Weekly and biweekly food deliveries to seniors who live in 17 Private Senior Buildings throughout the City of Paterson
- Weekly and Biweekly food deliveries to seniors who live in private homes or apartments

PROGRAM HOURS

Program hours are from 9 AM to 1:00 PM, Monday through Friday

For more information call at (973) 653-5932

RIVERSIDE VETS CENTER
165 5th Ave Paterson, NJ



CITY OF PATERSON
DEPARTMENT OF HEALTH & HUMAN SERVICES
DIVISION OF SENIOR SERVICES



Mayor Andre Sayegh
Joel D. Ramirez, Department Director
Hilda V. Perez, Division Director

OUR PURPOSE

The Paterson Senior Services Riverside Vets Center's main purpose is to improve the quality of life, for seniors, 60 years of age and older.

Our goal is to motivate a sense of worth, increase socialization, help decrease feeling isolated, and increase cognitive skills, by offering recreational, educational and social activities; outings and partnering with other outside sources to help engage our seniors in various events throughout the community.

Senior Services serves as a community resource site for information in the field of aging, social services and disability. It also advocates for its members and non-members throughout the community.



OUR SERVICES

We currently provide social and recreational activities facilitated by staff that include holiday events and entertainment, theme parties, game day, BINGO, light exercises, Zumba and arts & crafts.

ELIGIBILITY REQUIREMENTS

You must be...

- 60 years of age or older, alert and mentally aware
- Must not be a Wander Risk
- Must be able to feed yourself
- Must be able to take care of bathroom needs on your own
- Free from disruptive behavior that can harm self or others
- Free from communicable disease

NUTRITION

Light breakfast and one hot nutritious meal is provided by Passaic County Nutrition Services.

TRANSPORTATION

Provided to and from the center by Passaic County Para-Transit Services

RECREATION

Senior Exercise Shown to Improve Balance, Strength, Flexibility and Healthy Aging

- Exercises and Zumba twice a week
- Arts and Crafts
- Game Day and Bingo Days

